Mommy Makeover Cost: 10 Questions Answered

Costs, timing, safety and insurance are the questions that come up most often. Here are quick answers to ten of them, starting with the big one: **how much does a mommy makeover cost**?

1. How much does it cost overall? Roughly $12,000 to $25,000 or more in the US, and about $4,000 to $10,000 for the surgical package in popular destinations abroad. These figures are approximate.

2. What affects the price most? The number of procedures, the surgeon's experience, implants and the location.

3. Does insurance cover it? Rarely. It's considered cosmetic.

4. Is the quote the final price? Not always. Ask about facility, anesthesia, garments and follow-up fees.

5. Is it cheaper to bundle procedures? Often yes, since you pay for anesthesia and facility time once, but only when it's medically safe.

6. How long is recovery? Many patients need two to four weeks off work and several weeks before normal activity.

7. When is the best time to have it? Most surgeons suggest waiting until you've finished having children, finished breastfeeding and reached a stable weight.

8. Is it safe to have it abroad? It can be, if you choose an accredited hospital and a qualified surgeon, and plan follow-up care.

9. What extra costs should I plan for? Time off work, childcare, medications, and travel and accommodation if you go abroad.

10. How do I compare quotes fairly? Make sure each one covers the same procedures and the same inclusions, then compare the full total.

Next Steps

Request itemized quotes, ask detailed questions and give yourself time to decide. CureMeAbroad can help you compare hospitals and treatment options in one place.